Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

06 NOV 2026

DIVISION MEMORANDUM
NO. 581 S. 2026

DIVISION TRAINING ON FOUNDATIONAL COURSE FOR HOME, EDUCATION, EXERCISE, ACTIVITIES, DRUGS, SEXUALITY, SUICIDE AND SAFETY (HEEADSSS) ASSESSMENT TO SCHOOL GUIDANCE ASSOCIATES

To: OIC- Assistant Schools Division Superintendent
OIC- Chief Education Supervisor
Education Program Supervisors
Public Schools District Supervisors
School Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. In reference to **Regional Memorandum ESSD-2024-1037** dated October 23, 2024, this Office through the School Health & Nutritional Unit of the School Governance and Operations Division will conduct a three-day **Training on Foundational Course for Home, Education, Exercise, Activities, Drugs, Sexuality, Suicide and Safety (HEEADSSS) Assessment for School Guidance Associates on November 11-13, 2026 at William A. Bantigue Activity Center, Capiz National High School, Roxas City, Capiz.**

2. This activity aims to capacitate the Schools Guidance Associate in the understanding of HEADSSS Assessment and be adept in providing the right services to our adolescent learners.

3. The members of the program management team and the list of the participants are found in Enclosure No. 1.

4. This Memorandum serves as Authority to Travel of all participants.

5. Expenses incurred relative to the conduct of this activity are chargeable against GAS for the Implementation of Mental Health Program subject to the usual accounting and auditing rules and regulations.

6. Travelling expenses of the participants are chargeable against the School MOOE funds subject to usual accounting and auditing rules and regulations

Address: Banica, Roxas City
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7. Immediate dissemination of this Memorandum is desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

MA. SHARON S. BARRIENTOS
Administrative Officer V
In- charge of the Division

Encl: As stated
Reference: Regional Memorandum No. ESSD-2024-1037 s. 2024
To be indicated in the Perpetual Index
under the following subjects:

TRAINING WORKSHOP

Republic of the Philippines
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SCHOOLS DIVISION OF CAPIZ

581

Enclosure No. 1 to Division Memorandum No. s. 2026

DIVISION TRAINING ON FOUNDATIONAL COURSE FOR HOME, EDUCATION, EXERCISE, ACTIVITIES, DRUGS, SEXUALITY, SUICIDE AND SAFETY (HEEADSSS) ASSESSMENT FOR SCHOOL GUIDANCE ASSOCIATES

Date: NOVEMBER 11-13, 2026
Venue: William A. Bantigue Activity Center, Capiz NHS
Roxas City, Capiz

No.	DISTRICT	NAME	DESIGNATION
1	SDO	ROEL.F. BERMEJO	SCHOOLS DIVISION SUPERINTENDENT
2	SDO	MARLON P. DESTREZA EdD	OIC -ASSISTANT SCHOOLS DIVISION SUPERINTENDENT
3	SDO	EDNA B. AZCARRAGA PhD	OIC-SGOD Chief
4	SDO	CANDELARIA P. TALABUCON, RN,MAN	MENTAL HEALTH – DIVISION FOCAL PERSON
5	SDO	JOANNE J. DEQUIÑA, RN	MENTAL HEALTH- DIVISION ALTERNATE FOCAL PERSON
6	SDO	JHEAN MAE GRACE LINGCO	PDO I/ TWG
7	SDO	LOURDELYN R. FUENTES	Dentist II/ TWG
8	SDO	ROLENDY D. DE PEDRO	NURSE II/ TWG
9	PROVINCIAL HEALH OFFICE	MYLEEN S. DOGELIO	Population Program Officer II/ TWG
10	PILAR	MARIA SP CUÑADA	RGC/ TWG
11	SAPIAN	SHIELLA MAE C. DELFIN	RGC/ TWG

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No.	DISTRICT	NAME	DESIGNATION
12	**CUARTERO** CUARTERO ES	LYRICA D. BATACANDOLO	SCHOOL COUSELOR ASSOCIATE I
13	**DAO** DAO CENTRAL SCHOOL	TREXIE LYN C. ESPIRITU	SCHOOL COUSELOR ASSOCIATE I
14	**PRESIDENT ROXAS** DOMINGO M. LOCSIN ES	FRANCES MARIE ALESSANDRA DICHOSA	SCHOOL COUSELOR ASSOCIATE I
15	**PONTEVEDRA** HIPONA ES	JANELLE D. BUNCALAN	SCHOOL COUSELOR ASSOCIATE I
16	**IVISAN** IVISAN ES	ARGELINE J. AMORES	SCHOOL COUSELOR ASSOCIATE I
17	**MAAYON** MAAYON ES	HANNAH MARICARL DEGALA	SCHOOL COUSELOR ASSOCIATE I
18	**MAMBUSAO** MAMBUSAO ES	DIONNALYN KAYE O. BAYOT	SCHOOL COUSELOR ASSOCIATE I
19	**PANAY** PANAY CS	JANINE KYLLIE MIGUEL LIMJUCO	SCHOOL COUSELOR ASSOCIATE I
20	**PANITAN** PANITAN ES	SOPHIA GWYNETH BENTAZAL ANDRES	SCHOOL COUSELOR ASSOCIATE I
21	**PILAR** PILAR ES	DRAHCIR ANNE BACANTO MONTILLA	SCHOOL COUSELOR ASSOCIATE I
22	**PONTEVEDRA** PONTEVEDRA ES	ROHANNHA HEARDORA DADIVAS	SCHOOL COUSELOR ASSOCIATE I
23	**PRESIDENT ROXAS** PRES. ROXAS EAST ES	MARIE-NOELLE ANGELI DICHOSA SEVILLE	SCHOOL COUSELOR ASSOCIATE I
24	**SAPIAN** SAPIAN ES	ROUSSEAU JOSE MATILLANO ROLDAN	SCHOOL COUSELOR ASSOCIATE I
25	**SIGMA** SIGMA CES	ALISHA LOIS ESTIALBO AGBONES	SCHOOL COUSELOR ASSOCIATE I

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No.	DISTRICT	NAME	DESIGNATION
26	**PONTEVEDRA** VICTORIA C. DAIS ES	JANE FRANCES BULAHAN BURATA	SCHOOL COUSELOR ASSOCIATE I
27	**PANITAN** ANTONIO BELO MEM. IS	BEAU TERYLL SAINZ SALARDA	SCHOOL COUSELOR ASSOCIATE I
28	**PONTEVEDRA** BAILAN IS	JEMIMAH FUENTES BOLINA	SCHOOL COUSELOR ASSOCIATE I
29	**CAPIZ** CAPIZ NHS	JEDEN JADE DELA PEÑA BESA	SCHOOL COUSELOR ASSOCIATE I
30	**PANAY** COMSR. LUIS R. ASIS NHS	RAPHAH GANUHAY CORTEL	SCHOOL COUSELOR ASSOCIATE I
31	**DUMALAG** CONCEPCION CASTRO GARCIA NHS	HANNAH KEZIA G. CASIPLE	SCHOOL COUSELOR ASSOCIATE I
32	**CUARTERO** CUARTERO NHS	FRANCE JOY ABAO VILLAN	SCHOOL COUSELOR ASSOCIATE I
33	**DAO** DAO NHS	REMUEL PALOMO BAGUIO	SCHOOL COUSELOR ASSOCIATE I
34	**PILAR** DULANGAN NHS	PEARLY JOY GABALDON DALA	SCHOOL COUSELOR ASSOCIATE I
35	**DUMALAG** DUMALAG CENTRAL NHS	JOSE LYNDON F. MENDOZA	SCHOOL COUSELOR ASSOCIATE I
36	**PANAY** ERNESTO R. SICAD NHS	KATHLYN THERESE E. MONTAÑO	SCHOOL COUSELOR ASSOCIATE I
37	**PRES. ROXAS** FELICIANO YUSAY CONSING NHS	MAFE GRACE NILA BAES	SCHOOL COUSELOR ASSOCIATE I
38	**JAMINDAN** JAMINDAN NHS	VEVERLEJ MENDOZA MENDOZA	SCHOOL COUSELOR ASSOCIATE I

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39	**PONTEVEDRA** JOSE DIVA AVELINO JR. NHS	JAYMES KARL ANTHONY C. ATIGA	SCHOOL COUSELOR ASSOCIATE I
40	**JAMINDAN** LUCERO NHS	CYRA SORIO DAVID	SCHOOL COUSELOR ASSOCIATE I
41	**MAMBUSAO** MAMBUSAO EAST NHS	LUZEL LAVEROS LABTO	SCHOOL COUSELOR ASSOCIATE I
42	**MAMBUSAO** MABUSAO NHS	MAY FLOR DE JUAN VERDADERO	SCHOOL COUSELOR ASSOCIATE I
43	**SIGMA** MIANAY NHS	MARY ANDRIA AGATON	SCHOOL COUSELOR ASSOCIATE I
44	**PANITAN** PANITAN NHS	ART ALBANA VENUS	SCHOOL COUSELOR ASSOCIATE I
45	**PONTEVDRA** PONTEVEDRA NHS	CHERIE F. ARROYO	SCHOOL COUSELOR ASSOCIATE I
46	**SAPIAN** SAPIAN NHS	MARYTHEL CASTILLO ODQUIER	SCHOOL COUSELOR ASSOCIATE I
47	**SIGMA** VICENTE ANDAYA SR. NHS	CANDELARIA DE JUAN BERIANA	SCHOOL COUSELOR ASSOCIATE I