14 SEP 2026

DIVISION MEMORANDUM
NO. 432, s. 2026

CONDUCT OF DIVISION TRAINING ON UNIVERSAL PREVENTION CURRICULUM FOR SUBSTANCE USE (UPC)5: SCHOOL - BASED PREVENTION INTERVENTION

To: Assistant Schools Division Superintendent
OIC-Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Heads of Public Secondary and Integrated Schools
All Others Concerned

1. In reference to **Regional Memorandum No. 1097 s. 2025** dated November 06, 2025, this Office, through the School Health and Nutrition Unit of School Governance and Operations Division, will conduct the **Division Training on Universal Prevention Curriculum for Substance Use (UPC)5: School-Based Prevention Intervention** on **October 10-11, 2026** and **October 24-25, 2026**. Venue will be announced later.

2. This activity aims to reduce the significant health, social and economic problems associated with substance use to mitigate the prevailing cases among the learners and personnel in the department.

3. Attached are the list of expected participants, Resource Speakers and the activity matrix for your reference.

4. Expenses relative to the conduct of this activity shall be charged against the downloaded program support and HRTD funds, while travel expenses of the participants shall be charged against school MOOE both subject to usual accounting and auditing rules and regulations.

5. This Memorandum serves as Authority To Travel.

6. Participants involved in the activity are entitled to Vacation Service Credits (VSCs) in accordance with DepEd Order No. 013, s. 2024 or Compensatory Overtime Credit pursuant to CSC-DBM Joint Circular No. 2, s. 2004 "Non-Monetary Remuneration for Overtime Services Rendered," whichever is applicable.

7. For any queries, please contact Rene D. Hortillas, Jr., Nurse II, Division NDEP Focal Contact # 09480959000.

8. Immediate dissemination of and compliance with this Memorandum are desired.

ROEL F. BERMEJO
Schools Division Superintendent

Reference: As stated
Enclosure: As stated
To be indicated in the Perpetual Index
under the following subjects
LEARNERS NUTRITION EDUCATION REPORTS

Enclosure No. 1 to Division Memorandum No. 432 ,s. 2026

LIST OF PARTICIPANTS			
	NAME	SCHOOL	POSITION
1	Dr. Roel F. Bermejo	SDO	Schools Division Superintendent
2	Marlon P. Destreza, EdD	SDO	OIC – Assistant Schools Division Superintendent
3	Edna B. Azcarraga, EdD	SDO	Education Program Supervisor (OIC-SGOD Chief)
4	Dionirose L. Duron, MD	SDO	Medical Officer III
5	Ronald Dile	SDO	SEPS-M&E
6	Rene D. Hortillas, Jr.	SDO	Nurse II
7	Andy Van Albert C. Artates	SDO	Nurse II
8	Monna Lisa L. Eribal	SDO	Nurse II
9	Alvin M. Braulio	SDO	Nurse II
10	Lourdes V. Oropio	Panay Central School	Principal IV
11	Ernesto J. Fulgencio, Jr.	Leodegario De Ocampo NHS	Principal III
12	Divina M. Corcino	Maayon NHS	Guidance Councilor
13	Shiella Mae C. Delfin	Sapian NHS	T-I Guidance Designate
14	Marilyn P. Dagandan	Capiz NHS	T-III
SECONDARY SCHOOL			
15	Cristy G. Garita	Cuartero NHS	T-V
16	Mark Isidro	Puti-an NHS	T-IV
17	Hicel F. Sausa	Maindang NHS	T-II
18	Kemberly B. Magsucang	San Antonio NHS	T-V
19	Judemar Berbanio	Dao NHS	ADAS III
20	Julience Lou Ann P. Ballon	Arturo Hugo NHS	T-I
21	Julien D. Enoslay	Luis Escutin NHS	T-III
22	Rolen C. Salomeo	Malonoy NHS	SST-I
23	Jan Fred I. Condino	Dumalag Central NHS	T-II
24	Efren F. Frufonga	Concepcion Castro Gracia NHS	T-III
25	Leonil F. Fresnido	Bungsuan NHS	T-III
26	Jenny C. Mirandilla	Estefania Montemayor NHS	T-I (SHS)
27	Jose Marcelo S. Bartonico	Manuel F. Onato NHS	HT-I
28	Ma. Journalyn P. Estremadura	Presentacion Dies Gregorio NHS	T-III
29	Francis Gil V. Berana	Ramon A. Benjamin NHS	T-IV
30	Harlequin Ruth Lausa	Ivisan NHS	T-VI
31	Ma. Mavel Malan	Basiao NHS	T-VI
32	Gilbert Dela Torre	Jamindan NHS	T-III
33	Winston N. Garcia	Jagnaya NHS	T-I
34	Junius V. Siasol	Lucero NHS	T-I
35	Lady Angel I. Valguma	Macario Delfin Bermejo NHS	T-IV
36	Jesel I. Revisa	Maayon NHS	T-VI
37	Adrian B. Dumagpi	Florentina Degala	T-III

38	Marthe D. Deita	East Villaflores NHS	T-IV
39	Raingie D. Villa	Tuburan NHS	ADAS II
40	Claire MaristelP. Anonoy	Mambusao East NHS	ADAS II
41	Renato A. Delos Santos	David Moises NHS	T-V
42	Mae F. Dice	Mambusao NHS	T-V
43	Elna Grace B. Aducal	Commisioner Luis R. Asis NHS	T-I
44	Cherry Mae J. Barnuevo	Felix Balgos NHS	T-I
45	Robver B. Dicto	Ernesto R. Sicad NHS/Pawa NHS	T-IV
46	Felyn Joy D. Baguyo	Leodegario De Ocampo NHS	T-III
47	Gladys O. Bengan	Panitan NHS	T-III
48	Jesabel B. Belarde	Casanayan NHS	T-IV
49	Maribel D. Deviente	Marciano Patricio NHS	T-V
50	Francis B. Bullos	Dulangan NHS	T-VI
51	Leimor D. Bereber	San Nicolas NHS	T-I
52	Ruvel A. Alejandro	Yating NHS	T-I
53	Remsy Dangan	Pontevedra NHS	T-II
54	Romnick M. Begas	Jose Diva Avelino NHS	T-II
55	Joan B. Delino	Feliciano Yusay Consing NHS	T-III
56	Christopher A. Obispado	Sapian NHS	MT-I
57	Julius D. Agana	Ishmael B. Orillos Farm School	T-I
58	Joel E. Alves	Mianay NHS	T-II
59	Joel Cubello	Vicente Andaya Sr. NHS	T-I
60	Maria Ellen B. Jimenez	Bagong Barrio NHS	T-I
61	Renerio G. Gine II	Col. Patrocinio Artuz NHS	T-I
62	Glen Mark C. Bayog	Rev. Tomas Conejar NHS	T-I
63	Gerardo J. Palmes	Tapaz NHS	T-V
64	Ricky B. David	Roxas Farm School	T-I
65	Ma. Kristine G. Lacro	Candelaria NHS	T-IV
66	Fernarose Gequillo	San Nicolas NHS	T-II
67	Jenimel Tranquillero	Camburanan NHS	SPS T-I
68	Leony S. Aguilar	Capiz NHS	M-I
INTEGRATED SCHOOL			
69	Mark John V. Llarvez	Agbun-od IS	T-I
70	Rena V. Layos	Agkawayan IS	T-III
71	Ida T. Arcenas	Aglalana IS	T-I
72	Elened Jean Escalera	Aglanot IS	T-I
73	Reo B. Berbaño	Antonio Belo MIS	T_III
74	Mary Hope Ricaforte	Bailan IS	T-I
75	Rachel R. Bolivar	Bago Chiquito IS	T-I
76	Joseph L. Jintalan	Bilao IS	T-III
77	Cindy L. Lavado	Bula IS	T-III
78	Jonna Jane E. Bulahan	Calixto Loyola IS	T-I
79	Belle Clariec D. Panizales	Canapian IS	T-IV
80	O B. Capapas	Celestino Diaz IS	T-I
81	Ma. Danieza Jane R. Guzman	Dayhagan IS	T-III
82	Jackie P. Gelilang	Don Leopoldo Gialogo IS	T-I

83	Joan A. Halwan	Dr. Laureano R. Frial IS	T-I
84	Khara Mae Grace E. Edrosolano	Duluan IS	T-IV
85	Baby Lyn B. Labto	Eleodoro Ponsaran IS	T-IV
86	Prince Ace L. Billones	Felixberto Dicon Dorado IS	T-III
87	Ludovico R. Miranda Jr.	Francis C. Vacaro IS	T-VI
88	Mary F. Borres	Guinbialan IS	T-I
89	Jennifer B. Villa	Guise IS	T-VI
90	Noemie S. Garmino	Manuel Ganzon Advincula IS	T_I
91	Elika Nallely F. Ureta	Quiajo IS	T-I
92	Lorry Mae V. Lomocso	Sinamongan IS	T-I
93	Raymon Diama	Tapulang IS	T-I
94	Lorelyn D. Comoro	Tinigban IS	T-III

Enclosure No.__2__ to Division Memorandum No.__432__,s. 2026

UPC 5 MASTER AGENDA

Division Re-Echo Training on Universal Prevention Curriculum for Substance Use (UPC)5: School-based Prevention Intervention.

DAY 1 Date: Octobeber 10, 2026 , Saturday

Module 1—Training Introduction			
Time	Duration	Content	Trainer
0800-0845	45 minutes	Registration	Rene Hortillas, Jr
0845-0915	30mins	introduction	
0915-1015	45minutes	Ceremonial Welcome/Opening Program	
1015-1030	15 minutes	Trainer welcome, housekeeping, and ground rules	
1030-1040	10 minutes	Partner exercise: Introductions	
1040-1050	10 minutes	Presentation: Training materials	
1050-1100	10 minutes	Why this training?	
1100-1110	15 minutes	Large-group exercise: Training expectations	
1110-1200	50 minutes	Small-group exercise: The role of schools in the community	
1200-1300	*60 minutes*	*Lunch*	
Module 2—Why Schools Are an Important Setting for Substance Use Prevention			
Time	Duration	Content	Trainer
1300-1315	15 minutes	Introduction to Module 2	Shiella Mae Delfin
1315-1400	45 minutes	Presentation and discussion: Role of schools: Beyond cognition	
1400-1500	60 minutes	Small-group exercise: Micro-level environmental interactions	
1500-1515	*15 minutes*	*Break*	
1515-1545	30 minutes	Presentation and discussion: Risk and protective factors framework	
1545-1605	20 minutes	Presentation and discussion: Socialization is key	
1605-1625	20 minutes	Presentation: School culture and climate	
1625-1645	20 minutes	Large-group discussion: Socially capable students	
1645-1700	15 minutes	Wrap-up	
End of Day 1			

DAY 2 Date: October 11, 2026 , Sunday

Module 2—Why Schools Are an Important Setting for Substance Use Prevention			
Time	**Duration**	**Content**	**Trainer**
0800-0815	15 minutes	Presentation: School culture and climate (continued)	
0815-0835	20 minutes	Individual exercise: Positive school climate	
0835-0850	15 minutes	Presentation: Schools and prevention	
0850-0905	15 minutes	Large-group discussion: Key points for prevention	
0905-0920	15 minutes	Challenges to prevention and reflections	
0920-0930	10 minutes	Module 2 evaluation	
0930-0945	*15 minutes*	*Break*	
Module 3—Child and Adolescent Development			
0945-1000	15 minutes	Introduction to Module 3	Monna Lisa Eribal
1000-1020	20 minutes	Presentation and discussion: Understanding human development	
1020-1040	20 minutes	Presentation: Interaction of personal characteristics and the environments	
1040-1115	25 minutes	Presentation and discussion: Learning and theories: Cognition	
1115-1135	20 minutes	Presentation and discussion: Learning and theories: Motivation	
1135-1215	40 minutes	Presentation and discussion: Learning and theories: Maslow's human needs hierarchy	
1215-1315	*60 minutes*	*Lunch*	
1315-1330	15 minutes	Presentation: Development periods and skills	
1330-1400	30 minutes	Individual exercise and large-group discussion: Developmental skills	
1400-1415	15 minutes	Presentation: Revisiting substance use etiology model	
1415-1445	30 minutes	Small-group exercise: Etiologic factors in communities	
1445-1500	*15 minutes*	*Break*	
1500-1515	15 minutes	Presentation and discussion: School prevention objectives	
1515-1530	15 minutes	Summary and reflections	
1530-1545	15 minutes	Module 3 evaluation and wrap-up	
Module 4—Defining the Substance Use Problem for Prevention Planning in Schools			
Time	**Duration**	**Content**	**Trainer**

1545-1600	15 minutes	Introduction to Module 4	Shiella Mae Delfin
1600-1615	15 minutes	Presentation: Substance use by children and adolescents	
1615-1630	15 minutes	Large-group discussion: Youth substance use in my community	
1630-1700	30 minutes	Presentation: Progression of substance use	
End of Day 2			

DAY 3 **Date:_:** **October 24, 2026 , Saturday**

Module 4—Defining the Substance Use Problem for Prevention Planning in Schools			
Time	**Duration**	**Content**	**Trainer**
0800-0810	10 minutes	Presentation and discussion: Student substance use data for prevention programming	
0810-0830	20 minutes	Presentation and discussion: Conducting/analyzing student surveys on substance use	
0830-0845	15 minutes	Large-group discussion: Analyzing the findings	
0845-0900	15 minutes	Presentation: Initiation and deterrence factors for prevention programming	
0900-0920	20 minutes	Small-group exercise: Student substance use information	
0920-0935	*15 minutes*	*Break*	
0935-0955	20 minutes	Presentation: Initiation and deterrence factors for prevention programming (continued)	
0955-1010	15 minutes	Summary and reflections	
1010-1025	10 minutes	Module 4 evaluation	
Module 5—Applying Theory to Substance Use Prevention			
1025-1040	15 minutes	Introduction to Module 5	Ernesto Fugencio Jr
1040-1110	30 minutes	Presentation and discussion: Behavioral theories and prevention	
1110-1200	50 minutes	Small-group exercise: Applying TPB integrative model to interventions	
1200-1300	*60 minutes*	*Lunch*	
1300-1330	30 minutes	Presentation: Applying the TPB integrated model to school- based prevention	
1330-1350	20 minutes	Presentation: Introduction to key principles of school-based prevention interventions	
1350-1410	20 minutes	Presentation: Developmental stages and learning: middle childhood	
1410-1430	20 minutes	Presentation: Developmental stages and learning: early adolescence	

1430-1500	30 minutes	Presentation and discussion: The basics of school-based prevention interventions	
1500-1515	*15 minutes*	*Break*	
1515-1530	15 minutes	Presentation: What doesn't work in prevention	
1530-1615	45 minutes	Small-group exercise: What works and doesn't work	
1615-1625	10 minutes	Reflections	
1625-1635	10 minutes	Module 5 evaluation	
End of Day 3			

DAY 4 **Date**: **October 25, 2026 , Sunday**

Module 6—Selecting and Adapting the Right Prevention Program for Your School			
Time	**Duration**	**Content**	**Trainer**
0800-0815	15 minutes	Introduction to Module 6	Lourdes Oropio
0815-0835	20 minutes	Presentation and discussion: Getting started in schools	
0835-0850	15 minutes	Presentation: Selecting programs and strategies	
0850-0905	15 minutes	Large-group discussion: Experience in schools	
0905-0920	15 minutes	Presentation: Factors affecting program adoption	
0920-0935	*15 minutes*	*Break*	
0935-0955	20 minutes	Presentation and discussion: Evidence-based substance use prevention curricula: Standards for selection	
0955-1025	30 minutes	Presentation: Using registries to find EB interventions	
1025-1105	40 minutes	Large-group exercise: Blueprints demonstration	
1105-1120	15 minutes	Presentation and discussion: Examples of 'what works' in prevention: Life Skills Training	
1120-1135	15 minutes	Presentation and discussion: Examples of 'what works' in prevention: Project Toward No Drug Abuse	
1135-1140	15 minutes	Small-group exercise: Compare these interventions	
1140-1200	20 minutes	Presentation and discussion: Fidelity vs. adaptation	
1200-1300	*60 minutes*	*Lunch*	
1300-1315	15 minutes	Large-group discussion: Cultural adaptation	
1315-1330	15 minutes	Reflections/Wrap-up and Module 6 Evaluation	
Module 7—School Environment and School Policies			

Time	Duration	Content	Trainer
1330-1345	15 minutes	Introduction to Module 7	Ernesto Fulgencio, Jr
1345-1410	25 minutes	Presentation: The school environment and environment programs	
1410-1425	*15 minutes*	*Break*	
1425-1445	20 minutes	Presentation and discussion: Examples of 'what works' in prevention: Good Behavior Game	
1425-1430	5 minutes	Presentation: School policies: Introduction	
1430-1510	40 minutes	Small-group exercise: Why implement school policies	
1510-1530	20 minutes	Presentation and discussion: Objectives of school policies/ violations	
1530-1545	15 minutes	Presentation: School tobacco and alcohol policies	
1545-1600	15 minutes	Presentation and discussion: Drafting a school policy	
1600-1620	20 minutes	Small-group exercise: Drafting school policies	
1620-1635	15 minutes	Reflections/Module 7 Evaluation	

DAY 4 Date: __**October 18, 2026**____, **Sunday**_____

Module 8—Monitoring and Evaluating School-based Prevention Interventions			
Time	**Duration**	**Content**	**Trainer**
0800-0810	10 minutes	Introduction to Module 8	Lourdes Oropio
0810-0825	15 minutes	Presentation: Why do an evaluation?	
0825-0840	15 minutes	Presentation: Evaluation review	
0915-0940	*15 minutes*	*Break*	
0840-0855	15 minutes	Presentation and discussion: Example: Life Skills Training (LST)	
0855-0910	15 minutes	Small-group exercise: LST monitoring	
0910-0920	10 minutes	Presentation and discussion: LST outcomes	
0920-0945	15 minutes	Small-group exercise: LST outcomes	
0945-1000	15 minutes	Presentation: Evaluations of school/class environment interventions	
1000-1010	10 minutes	Summary/ Reflection/ Evaluation	
1020-1200		***Closing Program***	
		End of Training	