



Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

23 JUL 2026

DIVISION MEMORANDUM
NO. 316, s. 2026

2026 NUTRITION MONTH CELEBRATION

To: Assistant Schools Division Superintendent
OIC-Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Heads of Public Elementary, Secondary and Integrated Schools
District Nutrition Coordinators
All Others Concerned

1. In reference to **Regional Memorandum No. 724, s. 2026**, titled **2026 Nutrition Month Celebration**, this Office, through the School Health and Nutrition Unit (SHNU) of the School Governance and Operations Division (SGOD), supports and advocates the 2026 Nutrition Month Celebration with the theme, **“Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat! Nutrisyon at Kalikasan, Ating Pangalagaan”**.

2. To support the celebration, all schools are encouraged to undertake activities aligned with the 2026 Nutrition Month theme, such as but not limited to:

- conduct of different online activities through posting and sharing of 2026 Nutrition Month campaign materials on Schools' social media platforms;
- integration of nutrition concepts in classroom-based activities; and
- conduct school-based nutrition promotion activities, Gulayan sa Paaralan Program (GPP) activities, and other initiatives that promote proper nutrition, food security, and environmental sustainability.

3. All activities shall be conducted with the utmost consideration to **DepEd Order No. 009 s.2026** titled *Guidelines on the Implementation of the Three-term School Calendar in Basic Education*.

4. In this regard, all schools are directed to submit their Nutrition Month Activity Report together with photo documentation following the format below through the following link: <https://tinyurl.com/CapizNutritionMonth2026> on or before **August 14, 2026**.

Activity	Description of the Activity	Audience Reached/ Participants	Date of Activity	Suggested MOVs
Nutrition Month Kick-off and Advocacy Campaign	Posting of nutrition month streamers, bulletin board displays, and dissemination of nutrition advocacy materials through school social media and classroom information corners.	All learners, teachers and parents	July 1-31, 2026	- School Memo - Narrative Report - Photo Documentation - Attendance Sheet



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5. The 2026 Nutrition Month campaign strategy and advocacy materials can be accessed through this link: <https://nnc.gov.ph/2026-national-nutrition-month-celebration/>
6. For any queries, please contact Candelaria P. Talabucon, Nurse II, Division Nutrition Coordinator at 09398047910.
7. Immediate dissemination of and compliance with this Memorandum are desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

RONIE C. RETERACION
Education Program Supervisor – MAPEH
In-charge of the Division

Reference: As stated

Enclosure: None

To be indicated in the Perpetual Index
under the following subjects
NUTRITION PROGRAM

HEALTH



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS

JUL 21 2026

REGIONAL MEMORANDUM

No. 721 s. 2026

2026 NUTRITION MONTH CELEBRATION

To: All Schools Division Superintendents
All Others Concerned

1. Attached is DepEd Memorandum No. 045, s. 2026 dated July 09, 2026, from **Hon. Malcolm S. Garma**, Undersecretary for Governance and Operations, regarding the celebration of the **2026 Nutrition Month Celebration**, which is self - explanatory.
2. The School Division Offices are requested to submit the highlights and documentation of their Nutrition Month activities **on or before August 24, 2026** through the link; <https://tinyurl.com/5e8ba6tv>, for consolidation by the Regional Office to be submitted to the Central Office on or before September 5, 2026.
3. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Regional Director

Enclosure: None

Reference: DepEd Memorandum (No. 045, s. 2026)
DepEd Order (No. 009, s. 2026)

To be indicated in the Perpetual Index
under the following subjects:

CELEBRATION
LEARNERS
SCHOOLS

CLIMATE CHANGE
NUTRITION EDUCATION
TEACHERS

FOOD SECURITY
PROGRAMS

HJE/ESSD-RM/2026 Nutrition Month Celebration
110/July 13, 2026



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Republic of the Philippines
Department of Education

JUL 09 2026

DepEd MEMORANDUM

No. **045**, s. 2026

2026 NUTRITION MONTH CELEBRATION

To: Undersecretaries
Assistant Secretaries
Minister, Basic, Higher, and Technical Education, BARMM
Bureau and Service Directors
Regional Directors
Schools Division Superintendents
Public and Private Elementary and Secondary School Heads
Attached Agencies
All Others Concerned

1. In support of the government's commitment to address hunger and malnutrition, the Department of Education (DepEd) calls on all learners, teaching and nonteaching personnel, school officials, parents, and stakeholders to actively participate in the **2026 Nutrition Month Celebration** this July. This is pursuant to Section 7 of Presidential Decree No. 491, otherwise known as the Nutrition Act of the Philippines, which mandates the observance of Nutrition Month every July to create greater awareness on the importance of good nutrition. Further, pursuant to DepEd Order (DO) No. 009, s. 2026, titled Guidelines on the Implementation of the Three-Term School Calendar in Basic Education, Nutrition Month is recognized as one of the legislative activities and celebrations to be observed in schools.

2. The annual celebration is led by the National Nutrition Council (NNC) of the Department of Health, the country's highest policymaking and coordinating body on nutrition. In coordination with national and local stakeholders, the celebration mobilizes multisectoral efforts to address malnutrition, promote food and nutrition security, and build healthier communities. Since 2024, the Nutrition Month campaign has been guided by the overarching theme, **Sa PPAN: Sama-sama sa Nutrisyong Sapat Para sa Lahat!** with selected subthemes under this broader call to highlight the key pillars of the Philippine Plan of Action for Nutrition (PPAN) 2023-2028.

3. The 2026 Nutrition Month subtheme, **Nutrisyon at Kalikasan, Ating Pangalagaan!** emphasizes the strong connection between nutrition and environmental protection, with a focus on climate action. It recognizes that the health of people and the health of the planet are inseparable. Protecting forests, oceans, agricultural lands, and water resources helps secure sustainable food systems and ensures that present and future generations have access to nutritious diets. Climate change adversely affects food production, food supply chains, and the availability of nutritious foods due to rising temperatures, changing rainfall patterns, droughts, floods, and typhoons. These disruptions can increase the risk of hunger and malnutrition, particularly among vulnerable populations such as children and low-income families. At the same time, food systems contribute significantly to greenhouse gas emissions, underscoring the need for sustainable and climate-resilient approaches to food production and consumption.

4. The campaign aims to

- a. raise awareness on the importance of nutrition in reducing all forms of malnutrition and hunger;
- b. promote understanding of the link between nutrition, food systems, and environmental conservation and sustainability;
- c. reinforce healthy diets and food security as pillars of the PPAN 2023–2028 and the Philippine Development Plan 2023–2028;
- d. encourage sustainable food practices, reduction of food waste, and support for local and seasonal foods;
- e. promote inclusive, sustainable, and climate-resilient food systems; and
- f. mobilize support among government agencies, local government units, nongovernmental organizations, civil society, the private sector, and communities.

5. The celebration shall align with the Department's ongoing efforts to promote learner health, food and nutrition security, climate awareness, and sustainable school environments. Activities to be undertaken are expected to reflect a whole-of-school and whole-of-community approach, advancing nutrition and well-being as essential components of learner development.

6. All DepEd offices and schools are highly encouraged to actively participate in this nationwide celebration by implementing localized, innovative classroom-based discussions and learning activities from July 1–31, 2026, aligned with the objectives and strategies outlined above. Schools are likewise encouraged to maximize online and media platforms, including but not limited to the following:

- a. Conducting classroom discussions during Homeroom, Science, Health, Technology and Livelihood Education, Araling Panlipunan, and related learning areas on the following topics:
 - i. importance of proper nutrition, healthy diets, and food security;
 - ii. relationship between nutrition, environmental conservation, climate change, and sustainable foods; and
 - iii. benefits of consuming local, seasonal, and climate-resilient foods.
- b. Organizing teacher-led discussions and learner presentations on the Gulayan sa Paaralan Program and the role of school and home gardening in promoting nutrition and sustainable living practices among learners and the community;
- c. Holding classroom-based poster interpretation, slogan analysis, essay discussions, and digital presentation activities focused on nutrition and environmental stewardship;
- d. Facilitating small-group discussions, debates, and case studies on climate-smart agriculture, food sustainability, and community nutrition initiatives;
- e. Conducting classroom quiz activities and learning games focusing on nutrition, food systems, environmental protection, and sustainable living practices;

