



Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

DIVISION MEMORANDUM
NO. 331 S. 2025

25 JUL 2025

**NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND
YOUTH FORMATORS ON MENTAL HEALTH AND REPRODUCTIVE
HEALTH IN CHILDREN AND ADOLESCENTS**

To: OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Heads of Public Elementary, Secondary and Integrated Schools
All Others Concerned

1. Attached are the Regional Memorandum No. 676, s. 2025 re the conduct of the training titled **Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental Health and Reproductive Health in Children and Adolescents** and Regional Memorandum No.682, s. 2025 (Corrigendum and Addendum to RM. No. 676 s. 2025 Titled **Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents**), on July 30,31, and August 1, 2025 at Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City.
2. The list of expected participants and the parental consent to this activity are found in **Enclosure Nos. 1 and 2**, respectively.
3. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-24-2865 while their travel and other incidental expenses against local funds, both subject to the usual government accounting and auditing rules and regulations.
4. Immediate dissemination of and compliance with this Memorandum are desired.

ROEL F. BERMEJO
Schools Division Superintendent

Encl: As stated
Reference: As Stated
To be indicated in the Perpetual Index
under the following subjects:

Mental Health Training ARH Attendance



Address: Banica, Roxas City
Contact Number: (036) 6518 456/0968-869-5867
Email Address: capiz@deped.gov.ph
Website: <http://depedcapiz.ph>



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Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

Enclosure No. 1 to SDM 331, s. 2025

No	Name of Participant	Designation	Place of Assignment/School
1	Edna B. Azcarraga	EPS-OIC Office of the Chief Education Specialist-SGOD	Division Office
2	Joy Arnold T. Lejos	Medical Officer III	Division Office
3	Candelaria P.Talabucon	Nurse II/SMHP Focal Person	Division Office
4	Joanne J. Dequina	Nurse II/ARH Focal Person	Division Office
5	Yzarda Claudette D. Ballera	PDO I/Youth Formator Focal Person	Division Office
6	Andy Van Albert C. Artates	Nurse II/Welfare Officer	Division Office
7	Faith Angel Louise F. Alvarez	Division Federation SSLG President	Dumalag Central National High School
8	Ysay Grace Banico	Division Federation SSLG Vice President	Feliciano Yusay Consing National High School
9	Clydd Jenner Generoso	Division Federation SSLG Secretary	Estefania Montemayor National High School
10	Janine Marie Alayon	Division Federation SSLG Treasurer	Capiz National High School
11	Steven Kyle Dordas	Division Federation SSLG Auditor	Maayon National High School
12	Andrea Nicole Gallardo	Division Federation SSLG P.I.O.	Ivisan National High School
13	John Rey Ajeno	Division Federation SSLG P.O.	David Moises National High School
14	Rich Giner	School-based SSLG President	Dao National High School
15	Kristel Ann Odiaman	School-based SSLG President	Ishmael B. Orillos Farm School
16	Miscka Kiera Galicia	School-based SSLG President	Leodegario D. Deocampo National High School
17	Tefanny Roxas	School-based SSLG President	Bailan Integrated School
18	Veejay Andrew San Felix	School-based SSLG President	Tapaz National High School
19	Aquiles Leonico Jr.	School-based SSLG President	Vicente Andaya Sr. National High School
20	Natalie Grace B. dela Cuesta	School-based SSLG President	Marciano M. Patricio National High School



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21	Jason B. Portada	Project Development Officer 1/Chaperone	President Roxas East ES
22	Christal Fe Dollete	Project Development Officer 1/Chaperone	Pontevedra ES



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Enclosure No. 2 to SDM 331, s. 2025

PARENTAL CONSENT, WAIVER, INDEMNITY and RELEASE

I, _____, as the parent or legal guardian of _____, hereby acknowledges that I have been informed of the details of the conduct of the **Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents** on **July 30, 2025 – August 1, 2025** at **Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City**.

Voluntary Participation

I acknowledge that my child's participation in this activity is completely voluntary. My child may decline to participate or withdraw from participation at any time for any reason. Declining or withdrawal of participation will not result in any penalty or loss of benefits or reduction of any basic right to which my child is entitled.

Exclusion (Limitations/Ineligibility)

I confirm that my child currently has none of any symptoms of viral infection and is in good health. I will not allow my child to physically go to the event if my child or any member of my household develops any symptoms of illness that may affect others.

Documentation

I confirm that I give full permission in any recording or picture taken of my child during the conduct of this event and to use some or all my child's images/ contribution/ performance in any publication (including electronic publications such as film or website) created by the Department of Education and its program partners and to release this material to the official platforms of DepEd and its program partners.

Confidentiality

I am aware that any information that will be given during the activity will be kept strictly confidential, and personal information will be treated in accordance with the Republic Act 10173, *Data Privacy Act of 2012*. I am assured that the information about my child will not be shared outside of the implementation team. My child's name will not be used when data from this activity is analyzed.

I hereby confirm that I agree and understand the commitment of my child as a participant. I also understand and will support my child's endeavor to meet the



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expectations, guidelines, and responsibilities to his/her fellow participants and to DepEd.

To the extent allowed by law and rules, I hereby agree to waive, release, and discharge all claims, causes of action, damages, and rights against the school/division and its personnel as well as officials and personnel of the Department of Education relative to the conduct of the activity.

With full understanding, I – on behalf of myself, my household members, and my children – hereby freely and voluntarily give my consent to my child's participation in the activity on _____. I also attest that I had sought the views of my child and he/she has expressed willingness to participate in the activity.

CONTACT DETAILS FOR QUESTIONS OR CONCERNS

For any concerns or clarifications, you may contact the Division Youth Formation Unit at 09817252244.

_____ Signature of Parent/Guardian over Printed Name	_____ Contact Details of Parent/Guardian
_____ Name of Child	_____ Date

**Please submit this form to your Division Youth Formation Coordinator (YFC) prior to the participation on the event.*



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Department of Education
REGION VI – WESTERN VISAYAS

JUL 21 2025

REGIONAL MEMORANDUM
No. 676 s. 2025

**NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND
YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH
IN CHILDREN AND ADOLESCENTS**

To: Schools Division Superintendents
All other concerned

1. Pursuant to DepEd Order No. 31, s. 2018 titled Policy Guidelines on the Implementation of the Comprehensive Sexuality Education (CSE) and DepEd Memorandum No. 074, s. 2021 regarding the Inclusion and Promotion of Mental Health in all DepEd Events and Programs, this Office, through the Education Support Services Division (ESSD) in collaboration with the Schools Division of Capiz, shall conduct **Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents** on **July 30, 2025 – August 1, 2025** at **Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City**.

2. The activity specifically aims to:

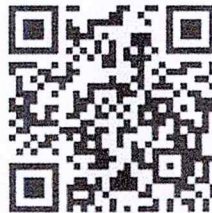
- a) Educate student leaders and youth formators on reproductive health topics, including puberty, identity crises, STI prevention, mental health, and healthy relationship;
- b) Equip the learner-participants with knowledge and skills on peer support system;
- c) Encourage informed decision-making by fostering an understanding of reproductive rights, gender equality, and the importance of mental and emotional well-being;
- d) Improve access to reproductive health services by navigating various healthcare systems and utilization of available resources effectively; and
- e) Advocate for supportive community involvement and referral through community partnership and engagement.

3. The list of expected participants to this activity and the proposed program matrix are found in **Enclosures 1 and 2**, respectively, for perusal of all concerned.



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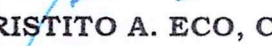
4. Division Focals shall facilitate the list of their participants and confirm their attendance on or before **July 25, 2025**. The link can be accessed by scanning the QR code below:



5. The first meal of the participants is AM Snacks on July 30, 2025 (Wednesday) and the last meal is PM snacks on August 1, 2024 (Friday).

6. The food and accommodation of the participants shall be charged against the downloaded program support fund to the host Division with SARO No. RO-6-24-2865 while their travel and other incidental expenses against local funds both subject to the usual government accounting and auditing rules and regulations.

7. Immediate dissemination of and compliance with this Memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: As Stated
Reference: As Stated
To be indicated in the Perpetual Index
under the following subjects:

ATTENDANCE HEALTH EDUCATION LEARNERS SCHOOL
PROGRAMS

HBG/ESSD-RM/ *Navigating Wellness: Empowering Student Leaders...*
/30/July 21, 2025



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Enclosure 1 to RM_____s. 2025

NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH IN CHILDREN AND ADOLESCENTS

July 30, 2025 – August 1, 2025

Circulo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City

List of Expected Participants

Participants	Number
From the Schools & District Offices:	(148)
• Supreme Secondary Learner Government	
- SDO Aklan	19
- SDO Antique	22
- SDO Capiz	18
- SDO Guimaras	8
- SDO Iloilo	56
- SDO Iloilo City	10
- SDO Roxas City	10
- SDO Passi City	5
From Schools Division Offices: (Resource Persons and Training Facilitators)	(24)
• Division ARH Focal Persons	8
• Division SMHP Focal Persons	8
• Division YFD Focal Persons	8
From the Regional Office:	(7)
• Regional Director/Asst. Regional Director	1
• Chief of the Education Support Services Division	1
• Regional Health and Nutrition Personnel	2
• Regional YFD Focal Person	1
• SMHP Technical Assistants	2
From the Host SDO:	(3)
• Technical Working Group (TWG)	3
TOTAL	182



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Enclosure 2 to RM _____ s. 2025

NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE HEALTH IN CHILDREN AND ADOLESCENTS

July 30, 2025 – August 1, 2025
Circolo Convention Center, Pueblo de Panay Township, Lawaan, Roxas City

Proposed Program of Activities

July 30, 2025 (Wednesday)		
Time	Activity	Responsible Person
8:00 – 12:00 NN	Arrival and Registration	
12:01 NN – 1:00 PM	Lunch	
1:01 – 2:00 PM	Opening Preliminaries <ul style="list-style-type: none">Nationalistic SongPrayerDepEd Regional HymnDepEd Quality Policy StatementWelcome RemarksInspirational MessageAcknowledgement of ParticipantsStatement of Purpose and Levelling of Expectations	Dr. Roel F. Bermejo, CESO V SDS, SDO-Capiz Cristito A. Eco, CESO III Asst. Regional Director OIC-Office of the Regional Director Miguel Mac D. Aposin, CESO V OIC-Office of the Asst. Regional Director Melchor Kim S. Kwan, MD Regional Medical Officer IV Leonerico E. Barredo, PhD Chief, ESSD
2:01 – 2:30 PM	Health Break	
2:31 – 5:00 PM	Session 1: Empowering Adolescents: The Importance of Sexuality and Reproductive Health Education	ARH Team Facilitators
5:30 PM	Dinner	
July 31, 2025 (Thursday)		
8:00 – 8:30 AM	Morning Preliminaries and Management of Learning	Assigned Group
8:31 – 10:00 AM	Session 2: Healthy Relationships and Consent Topic: Consent, recognizing healthy and unhealthy relationship behaviors	ARH Team and Facilitators
10:01 – 10:15 AM	Health Break	
10:16 AM – 12:00 NN	Session 3: Gender Equality and Reproductive Rights Topic: Promoting gender equality and understanding reproductive rights	ARH Team and Facilitators
12:01 – 1:00 PM	Lunch	
1:01 – 3:00 PM	Session 4: Navigating and Accessing Health Services Topic: Identifying local resources, navigating School – healthcare system	ARH Team and Facilitators



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3:01 – 3:15 PM	Health Break	
3:16 – 5:00 PM	Session 5: Community Engagement and Advocacy -Talk on Teenage Pregnancy and Eliminating Child Labor -Question and Answer Portion/Clearing House	DOLE
5:30 PM	Dinner	
August 1, 2025 (Friday)		
8:00 – 8:30 AM	Morning Preliminaries and Management of Learning	Assigned Group
8:31 – 10:00 AM	Session 6: Action Planning and Next Step	ARH Team and Facilitators
10:01 – 10:30 AM	Health Break	
10:31 – 11:30 AM	Clearing House and Ways Forward	Leonerico E. Barredo, PhD <i>Chief, ESSD</i>
11:30 AM – 12:00 NN	End of Program Evaluation	
12:01 NN – 1:00 PM	Lunch	
1:01 – 2:00 PM	Closing Program <ul style="list-style-type: none">• Awarding of Certificates• Message of Challenge• Acceptance of Challenge from the Participants• Closing Remarks	
2:01 PM – Onwards	Home Sweet Home	



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JUL 22 2025

REGIONAL MEMORANDUM
No. 682 s. 2025

**CORRIGENDUM AND ADDENDUM TO RM NO. 676 S. 2025 TITLED
NAVIGATING WELLNESS: EMPOWERING STUDENT LEADERS AND
YOUTH FORMATORS ON MENTAL AND REPRODUCTIVE
HEALTH IN CHILDREN AND ADOLESCENTS**

To: Schools Division Superintendents
All other concerned

1. Relative to Regional Memorandum No. 676, s. 2025 titled Navigating Wellness: Empowering Student Leaders and Youth Formators on Mental and Reproductive Health in Children and Adolescents, this Office announces the following changes in the allocation of participants of the following SDOs:

From the Schools & District Offices:	No. of Participants	
	From	To
• Supreme Secondary Learner Government		
- SDO Aklan	19	14
- SDO Antique	22	18
- SDO Capi	18	14
- SDO Iloilo	56	40
- SDO Passi City	5	6

2. Further, the following SDOs shall identify additional participants to the said activity, preferably non-teaching personnel to accompany the learner-participants:


From Schools Division Offices:	No. of Participants
Chaperone – non-teaching personnel	
- SDO Aklan	4
- SDO Antique	5
- SDO Capi	2
- SDO Guimaras	1
- SDO Iloilo	11
- SDO Iloilo City	2
- SDO Roxas City	2
- SDO Passi City	1

3. Other provisions of the said Memorandum remain in effect.



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5. Immediate dissemination of and compliance with this memorandum are desired.


CRISTITO A. ECO, CESO III
Assistant Regional Director
Officer-in-Charge
Office of the Regional Director

Enclosure: As Stated
Reference: As Stated
To be indicated in the Perpetual Index
under the following subjects:

ATTENDANCE HEALTH EDUCATION LEARNERS SCHOOL
PROGRAMS

HBG/ESSD-RM/Addendum/Corrigendum to Navigating Wellness: Empowering Student Leaders...
/ / July , 2025