



Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

November 18, 2024

DIVISION MEMORANDUM
NO. 726, s. 2024

**MENTAL HEALTH FIRST AID AND POSTVENTION ON
SUICIDAL/NON-SUICIDAL SELF-INJURY**

To: OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors
Curriculum Implementation Division
School Governance and Operations Division
Public Schools District Supervisors
Heads of Public Secondary School
Secondary Mental Health Focal Persons/Guidance Designates
All Others Concerned

1. Relative to DepEd Order No.14, s.2020 (Guidelines on the Required Health Standards in Basic Education Offices and Schools), this Office will conduct a **Mental Health First Aid and Postvention on Suicidal/Non-Suicidal Self Injury** on **November 23** and **December 14, 2024** from 8:00 am to 5:00 pm at Capiz Division Multi-Purpose Hall, Banica, Roxas City.
2. This activity aims to:
 - a. capacitate Secondary Mental Health Focal person to assist learner and DepEd personnel who are experiencing a mental health problem or in a mental health crisis and bridge them to avert crisis and escalation to severe problem; and
 - b. organize immediate, short term and long-term response in the aftermath of suicide and facilitate the healing individuals from the grief and distress of suicide loss and to mitigate other negative effects of exposure to suicide.
3. The participants to this activity are the fifty four (54) Secondary School Mental Health Focal persons, Resource Persons and members of Technical Working Group.
4. Attached are the training matrix and the composition of the Technical Working Group as Enclosure numbers 1 and 2.
5. Expenses for Lunch and snacks during the conduct of this activity shall be charged against the Division MOOE funds while travelling expenses of



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the participants are chargeable against the School MOOE funds subject to the usual accounting and auditing rules and regulations.

6. Participants are entitled to service credits in accordance with DepEd Order No. 013, s. 2024 titled *“Revised Guidelines on the Grants of Vacation Service Credits for Teachers”*. On the other hand, Non-Teaching personnel shall be provided with Compensatory Time Off (CTO) as per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2, s. 2024 on *Non-Remuneration for Overtime Service rendered*.
7. Immediate dissemination of this memorandum is desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

LUZ U. BANSON Edd, CESE

OIC, Office of the Assistant Schools Division Superintendent
In-charge of the Division

Encl.: As stated
Reference: DepEd Order No. 14, s. 2020
To be included in the Perpetual Index
under the following subjects:

Mental Health



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Enclosure No.1 to SDM 726 s. 2024

**MENTAL HEALTH FIRST AIDE AND POST VENTION ON
 SUICIDAL/NON-SUICIDAL SELF INJURY**

Day /Time	Activity	Person(s) Responsible
November 23,2023	MHPSS (Mental Health First Aid)	
7:30- 8:00	Registration	
8:00-8:30	Preliminaries	
8:30- 8:45	Background &Rationale	Candelaria Talabucon, RN,MAN Nurse II-Mental Health Focal Maria SP D. Cuñada RGC T-III Guidance Designate Marciano M. Patricio NHS Liezal Ponsaran, RGC T-III Guidance Designate Vicente Andaya Sr. NHS Marilyn Dagandan T-III Guidance Designate Capiz NHS Emma Joy A. Santiago RN Admin Support II
9:00- 12:00	PFA vs MHFA MHFA Process (ALGGE)	
1:00-2:00	Suicide Protocol	
2:00- 4:00	Mental Health First- Aid Role Play	
4:00- 5:00	Synthesis	
December 14,2024	Postvention on Suicidal/Non-Suicidal Self Injury	
7:30- 8:00	Registration	
8:00-8:30	Preliminaries	
8:30- 8:45	Background &Rationale	Candelaria Talabucon, RN,MAN Nurse II-Mental Health Focal Maria SP D. Cuñada RGC T-III,Guidance Designate Marciano M. Patricio NHS Liezal Ponsaran ,RGC T-III Guidance Designate Vicente Andaya Sr. NHS Marilyn A. Dagandan T-III Guidance Designate Capiz NHS Emma Joy A. Santiago RN Admin Support II
8:45-9:00	Facts About Suicide	
9:00- 12:00	Suicide Risks Factors	
	Aftermath of Suicide	
	Media Role	
1:00-2:30	Crisis Plan (Suicide Attempt)	
2:30-4:00	Crisis Plan (Death by Suicide)	
4:00-5:00	Synthesis	



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Enclosure No.2 to SDM 726 s. 2024

WORKING COMMITTEES

Overall Chairperson: Miguel Mac D. Aposin EdD, CESO V
Schools Division Superintendent

Co-chairpersons: Edna B. Azcarraga, PhD
Education Program Supervisor
OIC-Chief Education Supervisor
Schools Governance and Operations

Joy Arnold T. Lejos MD
Medical Officer III

Candelaria P. Talabucon RN, MAN
Nurse II- MH Focal Person

Committee on Registration:

Chairperson: Emma Joy A. Santiago
Member: Romeo Isiderio – Dental Aide

Committee on Food:

Chairperson : Lourdelyn R. Fuentes, DMD

Committee on Certificates:

Chairperson: Joanne J. Dequiña
Monna Liza L. Eribal



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