

# Department of Education Region VI – Western Visayas SCHOOLS DIVISION OF CAPIZ

November 29, 2023

DIVISION MEMORANDUM NO. 622, s. 2023

#### CAPACITY BUILDING ON NUTRITIONAL STATUS ASSESSMENT OF LEARNERS

To: OIC, Office of the Assistant Schools Division Superintendent

Chief Education Supervisors

Curriculum Implementation Division

School Governance and Operations Division

Public Schools District Supervisors District Nutrition Coordinators

All others concerned

- 1. Relative to DepEd Regional Memorandum No. 759 s, 2023 titled "Capacity Building on Nutritional Status Assessment of Learners", this office through the School Health and Nutrition Unit of the Schools Governance and Operations Divisions (SGOD) shall conduct a Capacity Building on Nutritional Status Assessment of Learners on December 3, 2023 8:00 am 5:00pm at the Schools Division of Capiz Multi-Purpose Hall.
- 2. The activity aims to:
  - a. present the nutritional status software using the prescribed form and;
  - b. familiarize on how to use the nutritional status software.
- 3. Participants to this activity are the following:
  - a. 54 Secondary Schools Nutrition Coordinators
  - b. 24 Integrated Schools Nutrition Coordinators
  - c. 18 District Nutrition Coordinators
- 4. Participants are to advise to bring their extension cord, laptop computer and hard copy of the latest Nutritional Status Data of School Children at five learners per grade level with the birthday, weight, height and sex.
- 5. Travelling expenses of the participants are chargeable against the School MOOE funds while other expenses relative to the conduct of this activity shall be charged against the SBFP Funds, both subject to usual accounting and auditing rules and regulations.
- 6. Participants and facilitators are entitled to service credits in accordance with DepEd Order No. 53, s. 2003 titled "Updated Guidelines on the Grant of Vacation Service Credits to Teachers". On the Other Hand, Non-Teaching personnel including the management staff shall be provided with Compensatory Time Off (CTO) as per Civil Service Commission (CSC) and Department of Budget and Management (DBM)







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#### Department of Education

Region VI – Western Visayas SCHOOLS DIVISION OF CAPIZ

Joint Circular No. 2, s. 2004 on Non-Monetary Remuneration for Overtime Service Rendered.

6. Immediate dissemination of this memorandum is desired.

MIGUEL MAC . APOSIN, EdD, CESO V

Schools Division Superintendent

Encl.: As Stated Reference: As stated

To be indicated in Perpetual Index Under the following subject:

> LEARNERS NUTRITION EDUCATION REPORTS







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#### Republic of the Philippines

## **Department of Education**REGION VI-WESTERN VISAYAS

OCT 0 4 2023

REGIONAL MEMORANDUM No. \_\_\_\_759\_\_\_\_, s. 2023

### CAPACITY BUILDING ON NUTRITIONAL STATUS ASSESSMENT OF LEARNERS

To: Schools Division Superintendents All Others Concerned

- 1. This Office, through the Education Support Services Division Regional Health and Nutrition Unit (ESSD-RHNU), shall conduct a **Capacity Building on Nutritional Status Assessment of Learners** within Iloilo City on October 9, 2023, exclusive of travel time.
- 2. The activity aims to:
  - present the Nutritional Status software using the prescribed form;
  - familiarize on how to use the Nutritional Status template; and
  - finalize the School-Based Feeding Program (SBFP) beneficiaries.
- 3. The participants to this activity are the following:
  - Division School-Based Feeding Program Focal Person (Milk and NFP) (42);
  - Regional SBFP Technical Working Group (RTWG) (4);
  - Resource Speakers and Facilitators from the Division of Iloilo (5).







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#### Republic of the Philippines

## **Department of Education**REGION VI-WESTERN VISAYAS

- 4. Transportation, board and lodging and other incidental expenses of participants are chargeable against SBFP Program Support Funds (PSF) of the SDOs while food and venue to the downloaded SBFP PSF Funds of the Regional Office, subject to the usual accounting and auditing rules and regulations.
- 5. Immediate dissemination of this Memorandum is desired.

RAMIR B. UYTICO EdD, CESO III
Regional Director

Reference: None

To be indicated in the <u>Perpetual Index</u> under the following subjects:

LEARNERS NUTRITION EDUCATION REPORTS







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# TRAINING & DEVELOPMENT PROGRAM DESIGN AND PROPOSAL

## CAPACITY BUILDING NUTRITIONAL STATUS ASSESSMENT OF LEARNERS

**OCTOBER 9, 2023** 

Division of Iloilo La paz, Iloilo City Venue

I. General Program Information				
Program Title	Capacity Building on Nutritional Status Assessment of Learners			
Program Description	This is a one-day Nutritional Status Assessment Workshop			
Pre-requisite Programs	None			
Duration	One Day Activity			
Management Level of Program	Regional-Led			
Delivery Mode	Lecture, Discussion and Workshop			
Target Personnel: Participants	21 SDO (2 SBFP Nutrition Program Coordinators)= 21 x 2 = 42 Regional Office Personnel= 3 Facilitators = 3 Resource Speakers - 2  Total = 50			
· · · · · · · · · · · · · · · · · · ·	Food and Accommodation			
Budget Requirements	P600/day x 50 = <b>P30,000.00</b>			
Source of Fund	(Downloaded Funds)SBFP PSF from Regional Funds (Sub-Allotment Release Order No. RO-6-23-0878			
Rationale	Nutrition Assessment includes anthropometric measurements and collecting information about learners medical history, dietary practice and food security situation.  Optimal learners nutritional status- the state of the body with respect to each nutrient and overall body weight and condition- is a powerful factor in promoting health and preventing and treating diseases of school children.  School Health Personnel assess school children nutritional status to identify learners at risk of malnutrition for early intervention or referral before they become malnourished, to track child's growth, and also to identify learner body's ability to digest food and utilize nutrients.  Nutrition Assessment can be preceded by rapid and simple identification of learner who may be malnourished or at risk of malnutrition and need more detailed nutritional assessment. Nutrition Screening can include measuring weight, height and proportions of the body.  Body Mass Index and weight for height are anthropometric measurements presented as indexes. Weighing is usually the first step in anthropometric assessment and prerequisite for finding weight-for-height for school children. Weight is strongly correlated with health status.  This Nutrition Assessment Workshop aims to equip the participants the necessary skills, knowledge towards assessing school children by taking height, weight and to determine the nutritional status in terms of weight for height. Also, to re orient participants on encoding height and weight to obtain Body Mass Index of learners.			
Objectives	At the end of the workshop, the participants are expected to:  1. Identify the nutritional status of learners using the prescribe form;  2. Familiarize on how to use the Nutritional Status			

,

	Template correctly; and
	<ol> <li>Finalize the School-Based Feeding Program beneficiaries.</li> </ol>
End of Program Outputs	The participants to be able to: 1. Increased knowledge with regards to encoding Nutritional Status of learners 2. Determined the height and weight accurately with the use of Detector weighing scale

Specific Objectives	Content	Suggested Activity	Duration	Expected Outputs
1. Introduction of Nutritional Status Assessment		Lecture/Discussion of Nutritional Assessment followed by a short quiz	2 hours	All participants passed the short quiz
2. Demonstration on how to use weighing scale		Weight and Height Taking	2 Hours	Height and Weight data o participants
3. Nutritional Status Assessment		Encoding with the use of BMI software using the prescribe template	3 Hours	Nutritional Status Assessed

III. ACTIVITY SCHEDULE				
Time	ACTIVITIES			
8:00am-9:00am	Arrival/Registration of Participants			
9:00am- 9:30am	Opening Program			
9:30am-11:30am	Lecture/Discussion of Nutritional Assessment			
11:30am- 12:30noon	Lunch			
12:30pm-1:00pm	Unfreezing Activity			
1:00pm-:200pm	Introduction of the Weight and Height Software			
2:00pm-4:00pm	Encoding with the use of BMI template			
4:00am-5:00pm	Closing Program			

#### APPROVAL SHEET

This Program Design was prepared on September 28, 2023 by:

MELGAZAR F. BARBOZA RND, MPA

Nutritionist-Dietitian II and

Regional School-Based Feeding Program Focal Person

Noted by:

MELCHOR KIM S. KWAN MD

Medical Officer IV

Reviewed by:

LEONERICO E. BARREDO PhD

Chief Education Supervisor EDUCATION SUPPORT SERVICES DIVISION

APPROVED:

RAMIR B. UYTICO EdD, CESO III

Regional Director