



Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

October 3, 2022

DIVISION MEMORANDUM
No. 382, s. 2022

WEBINAR ON COPING POSITIVITY WITH STRESS

To: OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors
Curriculum Implementation Division
School Governance and Operations Division
Public Schools District Supervisors/OIC of the Districts
Heads of Public Elementary, Secondary and
Integrated Schools
All Others Concerned

1. One of the highlights of DepEd Memorandum No.14, s. 2020 titled **“Guidance on the Required Health Standards in Basic Education Offices and Schools”** is the provision of Mental Health and Psychological Support Services to improve and strengthen the mental health resilience of all learners and DepEd personnel.
2. Annually, we celebrate the **World Mental Health Day** every 10th day of October to raise awareness of mental health issues around the world and mobilize efforts in support of mental health. For this year our theme is **“Make Mental Health and Well-being for all a Global Priority”** as set by the World Federation for Mental Health.
3. Relative to this, this Office through the School Health and Nutrition Section of the School Governance and Operations Division (SGOD) will conduct a Webinar on **Coping Positivity with Stress** on October 10, 2022 from 9:00 am to 11:00am via Zoom through the link below.
Meeting ID: 761 7323 7758 Passcode: uyxW3E
4. Participants to this activity are all elementary, secondary and integrated school heads and non-teaching personnel.
5. Participation to the above activity must adhere with DepEd Order No. 9, s. 2005 titled *“Instituting Measures to Increase Engaged Time-On-Task and Ensuring Compliance Therewith”*.



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6. The conduct of this Activity must comply with minimum health standard and safety protocols set by the Inter-Agency Task Force on the Management of Emerging Infectious Disease (IATF) and Department of Health
7. It is understood that the conduct of this activity, there shall be no discrimination in the provision of learning and development program on account of age, civil status, disability, religion and other factors, and personal circumstances that run counter to the principles of equal opportunity
8. Immediate dissemination of and compliance with this memorandum are desired.

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Schools Division Superintendent



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