



Republic of the Philippines  
**Department of Education**  
Region VI - Western Visayas  
**SCHOOLS DIVISION OF CAPIZ**

October 3, 2022



DIVISION MEMORANDUM

No. 378 s. 2022

**WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

To: OIC, Office of the Assistant Schools Division Superintendent  
Chief Education Supervisors  
Curriculum Implementation Division  
School Governance and Operations Division  
Public Schools District Supervisors/OIC of the Districts  
Heads of Public Elementary, Secondary and  
Integrated Schools  
All Others Concerned

1. Enclosed is a copy of Regional Memorandum No. 746 s. 2022 titled "Wellness Day Webinar Series for DepED Employees", dated September 28, 2022, for information and guidance.
2. Immediate dissemination of this memorandum is desired.

  
**MIGUEL MAC D. APOSIN EdD, CESO V**  
Schools Division Superintendent 



Address: Banica, Roxas City  
Contact Number: (036) 620 2371  
Email Address: capiz@deped.gov.ph



Republic of the Philippines  
**Department of Education**  
REGION VI – WESTERN VISAYAS

SEP 28 2022

**REGIONAL MEMORANDUM**

No. 746 s. 2022

**WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

To: Schools Division Superintendents  
All Others Concerned

1. Enclosed is a copy of Memorandum DM-OUHROD-2022-0015 titled “Wellness Day Webinar Series for DepED Employees”, dated September 02, 2022, for information and guidance.
2. For immediate dissemination.

  
**RAMIR B. UYTICO EdD, CESO III**  
Regional Director

Incl: As stated



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Document Name	Document No.	Date Created	Revision Number
Memorandum	DepED RO6-ADM-PS-MEMO2-013	September 12, 2022	





Republika ng Pilipinas  
**Department of Education**

OFFICE OF THE UNDERSECRETARY  
 HUMAN RESOURCE AND ORGANIZATIONAL DEVELOPMENT,  
 NATIONAL EDUCATORS ACADEMY OF THE PHILIPPINES,  
 TEACHER EDUCATION COUNCIL SECRETARIAT, AND  
 DEPED EMPLOYEES' ASSOCIATIONS COORDINATING OFFICE

DEPARTMENT OF EDUCATION  
**RECEIVED**  
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 SEP 08 2022  
 BY: [Signature] TIME:

**MEMORANDUM**  
 DM-OUHROD-2022-005

**TO :** Undersecretaries  
 Assistant Secretaries  
 Bureau and Service Directors  
 Regional Directors  
 Schools Division Superintendents  
 Division Chiefs  
 Heads of Schools  
 All Others Concerned

**FROM :** *[Signature]*  
**GLORIA JUMAMIL MERCADO**  
 Undersecretary for Human Resource and Organizational Development,  
 National Educators Academy of the Philippines,  
 Teacher Education Council Secretariat, and  
 DepEd Employees' Associations Coordinating Office

**SUBJECT :** **WELLNESS DAY WEBINAR SERIES FOR DEPED EMPLOYEES**

**DATE :** 02 September 2022

In line with our advocacy to provide interventions in promoting the wellbeing of our employees across all governance levels, the Bureau of Human Resource and Organizational Development - Employee Welfare Division (BHRD-EWD) recently launched the **Wellness Day Webinar Series** held last 31 August 2022.

These webinar series are composed of different sessions that aim to address various concerns related to the psychosocial and financial wellbeing of our employees. These webinars will be conducted using online platforms (Zoom or MS Teams) and will be live-streamed via DepEd Philippines Facebook (FB) page.

In this connection, we would like to invite all DepEd employees to participate in the scheduled sessions (*see Annex A*). Interested participants can join the online Zoom or MS Teams meeting room by registering to the link which will be provided in the detailed episode announcements/invitations to be posted on the DepEd Philippines FB page.

Expenses for these activities such as payment for honoraria of speakers and/or instructors shall be charged to the 2022 OPDNTF fund of the BHRD-EWD, subject to the usual accounting rules and regulations.

*9082022-5286*

For further questions or clarifications, please contact the BEROD-EWD through the email address, [info@lawstagedesign.com](mailto:info@lawstagedesign.com).

Thank you

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Web: [www.lawstagedesign.com](http://www.lawstagedesign.com)

**Wellness Day Webinar Series**  
 August to November 2022

	<b>DATE AND TIME</b>	<b>THEME</b>
1	August 31, 2022 1:30 p.m. - 3:30 p.m.	Financial Wellness
2	September 14, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
3	September 28, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
4	October 19, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
5	October 26, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
6	November 9, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness
7	November 15, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
8	November 16, 2022 9:00 a.m. to 11:00 a.m.	Financial Wellness
9	November 29, 2022 9:00 a.m. to 10:30 a.m.	Psychosocial Wellness

Wellness Day Webinar Series