



Republic of the Philippines
Department of Education
Region VI - Western Visayas
SCHOOLS DIVISION OF CAPIZ

July 1, 2022

DIVISION MEMORANDUM

No. 198, s.2022

TRAINING ON FOUNDATIONAL COURSE ON ADOLESCENT REPRODUCTIVE HEALTH

To: Asst. Schools Division Superintendent
Chief Education Supervisors – CID & SGOD
Public School District Supervisors
Officer-In-charge of the District
Public Elementary School Heads
18 District ARH Coordinators
All Others Concerned

1. To continuously support primary care service providers for a friendly and responsive adolescent health care, the Office of the Undersecretary for administration (OUA), through the Bureau of Learner Support Services-School Health Division (BLSS-SHD) conducted a four (4) half day online training on **“The Foundational Course for Adolescent Health “** to all Division ARH Focal persons. In relation to this, the Division Focal Person on Adolescent Reproductive Health will cascade the said training on July 11-12, 2022 8:00 a.m to 5:00pm. The venue will be announced later.
2. The Foundational Course capacitates the health service providers in better understanding their adolescent clients or parents, especially on how their developmental changes influence their behaviors.
3. The participants of this training are the eighteen (18) District ARH Coordinators.
4. The conduct of this activity must comply with the minimum health and safety protocols set by the Inter-Agency Task Force on the Management of Emerging Infectious Diseases (IATF) and Department of Health (DOH).
5. It is understood that the conduct of this activity, there shall be no discrimination in the provision of learning and development program on account of age, civil status, disability, religion and other factors, and personal circumstances that run counter to the principles of equal opportunity.
6. Expenses relative to the conduct of this activity are chargeable against the downloaded Learners Support Programs Fund (LRO No. ROVI-2022-446) subject to the usual accounting and auditing rules and regulations.
7. Immediate dissemination of this Memorandum is desired.

MIGUEL MAC D. APOSIN EdD, CESO V
Schools Division Superintendent

JUL 08 2022



**TRAINING MATRIX ON ADOLESCENT REPRODUCTIVE HEALTH FOUNDATIONAL
COURSE
July 11-12,2022**

Time	Activity	Methodology	Responsible Person
Day 1 AM			
8:00-8:30am	Registration Preliminaries Pre-Test		Health Personnel Myleen Dogelio LPT
8:30-8:45am	Opening program Prayer Philippine National Anthem/Regional Hymn/Capiz Hymn Introduction of Participants Messages		Sheralyn Baticados RN
8:45-9:15a.m	Mental Health Activity		Mona Lisa Eribal RN
9:15-9:30am	Overview and Orientation on Training Principles and Approaches		Lendy De Pedro RN
9:30-10:15a.m	Module 1: Understanding the Adolescent <ul style="list-style-type: none"> • Session 1 Stages of Development -Activity 1.1 Changes during Adolescence 	Plenary (30minutes) Introductory video Lecture-Discussion Breakout session (15 minutes) Activity materials: <ul style="list-style-type: none"> • Markers • Writing/bond paper 	Mary Grace F. Somil LPT .MPA
10:15a.m-10:40a.m	-Activity 1.2 Adolescent Development	Plenary (25 minutes) Lecture Presentation	
10:40a.m-11:30a.m	<ul style="list-style-type: none"> • Session 2 inner Workings of the Adolescent - Activity 2.1 Psychosocial Development 	Breakout Session (20 minutes) Activity materials: <ul style="list-style-type: none"> • Markers • Writing Bond paper 	
11:30-12:00pm	-Activity 2.2 The Teen Brain	Plenary (30minutes) Presentation with Video	
1:00-1:15p.m	Energizer		
1:15- 2:30p.m	<ul style="list-style-type: none"> • Session 3 Gender and Development - Activity 3.1 Human Sexuality and Gender 	Plenary (45minutes) Lecture Discussion Breakout Session (30minutes) Activity materials: <ul style="list-style-type: none"> • Marker, paper 	Mary Grace Somil (PHO)
2:30pm-3:15pm	-Activity 3.2 Gender, Health and Health Care	Plenary (30 minutes) Video presentation Discussion	
3:15p.m-5:00pm	Module 2: Responding to the Adolescent <ul style="list-style-type: none"> • Session 1 HEEDSSS -Activity 1.1 Screening Tool	Plenary (40 minutes) Lecture-Discussion Break-out Session (50 minutes) Activity materials: <ul style="list-style-type: none"> • Interview guidelines 	Rolendy De Pedro RN

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	- Activity 1.2 Interview Protocol	<ul style="list-style-type: none"> • HEEADSSS screening tool • Case Scenarios 	
Day 2			
8:30-8:45a.m	Prayer Recap Checking of activity output		
8:45-9:30a.m	Session 1 Processing of Interviews	Break-out Session (45 minutes) Assignment of presentation Discussion	Rolendy De Pedro
9:30-10:30a.m	Session 2 Being Adolescent- Client Friendly -Activity 2.1 Finding Compassion -Activity 2.2 Compassionate Listening	Plenary (30minutes) Lecture Discussion Break-out Session (30 minutes) -Activity materials: * Pen/marker,paper *Compassionate listening worksheet	Rolendy D.De Pedro
10:30-11:00a.m	Session 3 Gaining the Adolescent Trust - Activity 3.1 Privacy, confidentiality and informed Consent	Plenary (30minutes) Video Discussion	Rolendy D.De Pedro
11:00-11:40a.m	Session 4 Advising Parents with Adolescents	Plenary (40minutes) Lecture Discussion	Rolendy D.De Pedro
11:40-12:00pm	Overview of Module 3		
1:30-1:45pm	Energizer		Senior High School Nurses
1:45-3:45pm	Module 3 Moving Towards Adolescent Friendly Health Services Session 1 The Adolescent Friendly Health Facility Session 2 Improving Quality of Adolescent Care -Activity 2.1 Adolescent Health Services Quality Gap Analysis -Activity 2.2 Key Actions to Improve Adolescent Health Services	Plenary (1 hour) Lecture-Discussion Video Break-out Session (1Hour) Materials: <ul style="list-style-type: none"> • Provide self-assessment form 	Myleen Dogelio (PHO)
3:45-4:45pm	Session 4 Laws and Policies -Activity 4.1 Case Analysis	Plenary 920minutes) Lecture Discussion	Rolendy De Pedro
4:45-5:00pm	Closing Program	Awarding Of Certificate of Participation	Rolendy D.De Pedro RN Division ARH Focal