



Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF CAPIZ

June 6, 2022

DIVISION MEMORANDUM

No. **156**, s. 2022

**LIFE SKILLS RETOOLING CUM PSYCHOSOCIAL SUPPORT FACILITATION FOR GUIDANCE
ADVOCATES/DESIGNATES AND REGISTERED GUIDANCE COUNSELORS**

To: Public Schools District Supervisors
Heads of Public Elementary, Secondary and Integrated Schools

1. Pursuant to Joint Memorandum Circular No. 001, s. 2022 of the Department of Education and Department of Health re *Revised Operational Guidelines on the Progressive Expansion of Face to Face Learning Modality* as highlighted in paragraph 7.2.4 **PsychoSocial Support** reiterating the *provision of Psycho-Social Support in preparation of limited face to face class*, this office through the Curriculum Implementation Division (CID) will conduct a **Three-Day Live-In Limited Face-to-Face Life Skills Retooling cum Psychosocial Support Facilitation for Guidance Advocates/Designates and Registered Guidance Counselors** on the following batches and schedules below.

2. The activity aims to:

- capacitate the guidance advocates/designates and RGC on facilitating Psychosocial Support activities in enriching students' well-being, socio-emotional and academic development;
- develop and redefine life skills as one important attribute of guidance advocates/designates and RGC in performing and delivering guidance services amidst situational crisis;
- appreciate the identified life skills and facilitation of Psychosocial Support in achieving good performance in school; and
- encourage the schools in the districts to roll-out this activity in their own context.

3. Below is the list of assigned districts/schools, number of participants per batch and schedule of the above activity:

BATCH	PARTICIPATING DISTRICT/SCHOOLS	Number of Participants	SCHEDULE	VENUE	FACILITATORS
1	All Districts	36	July 13-15, 2022	TBA	TWG
2	All Secondary Schools	54	July 20-22, 2022	TBA	TWG
3	All Integrated Schools	24	July 27-29, 2022	TBA	TWG

4. Each District is requested to identify and send two participants from the elementary level while secondary schools and Integrated Schools shall send one participant only preferably guidance designate/guidance advocate or Registered Guidance Counselors. Participants including members of the TWG, Resource Speakers and Facilitators must be fully vaccinated and must adhere with IATF health protocols.



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5. The Core Group composed of Resource Speakers, Facilitators and Technical Working Group is listed below. They are advised to report in advance on Day 0 as schedule of every batch.

Name	School	Position
Ma. Richel Fancubilla	San Nicolas NHS	Guidance Advocate/Resource Speaker
Raydelyn Laquina	Mambusao NHS	Guidance Advocate/Resource Speaker
Ana Lourdes Faeldonea	Concepcion Castro Garcia NHS	Guidance Advocate/Resource Speaker
Maria SP Cunada	Marciano M. Patricio NHS	Guidance Advocate/Resource Speaker
Mark Nel Venus	Comm. Luis Asis NHS	SHS Teacher/Resource Speaker
Edwin Salanatin	Comm. Luis Asis NHS	Master Teacher I/TWG
Milbert Bechayda	Comm. Luis Asis NHS	Teacher II/TWG
Reina Sartaguda	Feliciano Yusay Consing NHS	Head Teacher III/Facilitator
Pamela Bataican	Feliciano Yusay Consing NHS	Master Teacher/Facilitator
Anna Liza Diestro	Feliciano Yusay Consing NHS	EsP Teacher/Facilitator
Rose Ann May Corros	Feliciano Yusay Consing NHS	EsP Teacher/Facilitator
Immaculada J. Amores	SDO-CAPIZ	SEPS- HRD
Ronald Dile	SDO-CAPIZ	SEPS- M&E
Alan Vincent B. Altamia	SDO-CAPIZ	Education Program Supervisor/Proponent
Dr. Segundina F. Dollete	SDO-CAPIZ	Training Manager

6. Below is the timeline in preparation and implementation of the activity:

Activity	Schedule	Persons Involved
Pre-Conference for Core Group	June 2022	Core Group
Walkthrough of all presentations	July 12, 2022	Core Group
Retooling proper	July 13-15, 2022 July 19, 2022 (Day 0) July 20-22, 2022 July 26, 2022 (Day 0) July 27-29, 2022	Participants, Core Group and guests
Post Conference of the Core Group	July 2022	Core Group

7. Attached is the activity matrix for your perusal. For further information, please contact Alan Vincent B. Altamia, EPS – EsP/Guidance at cellphone number 09394927866.
8. Participants are advised to wear comfortable outfit since most of the activities are with group dynamics and the like. Hence, participants should be physically fit.



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9. Food, accommodation and other operational expenses relative to the conduct of this activity shall be charged Against the Division INSET Funds while travel expenses of the participants and members of the technical working group shall be charged to School MOOE subject to the usual accounting and auditing rules and regulations.
10. Immediate dissemination of this memorandum is desired.

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MIGUEL MAC D. APOSIN EdD., CESO V
Schools Division Superintendent *mac*

JUN 09 2022



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ACTIVITY MATRIX (in all Batches)

LIFE SKILLS RETOOLING CUM PSYCHOSOCIAL SUPPORT FACILITATION FOR GUIDANCE ADVOCATES/DESIGNATES AND REGISTERED GUIDANCE COUNSELORS
JULY 13-15, 2022 (1ST BATCH)
JULY 20-22, 2022 (2ND BATCH)
JULY 27-29, 2022 (3RD BATCH)

Day 0 (July 12, 19, 26, 2022)

TIME	ACTIVITY	PERSON IN-CHARGE
8:00- 9:00	Arrival of TWG/Core Group	TWG/Core Group
9:00-11:00	Debriefing/Checking and Assessment of Training Venue and Facilities	TWG
12:00-1:00 pm	LUNCH	
1:00-3:00 PM	Review of Training Targets and Framework/Presentation of Program Flow and Processes	Dr. Immaculada J. Amores
3:00-5:00 pm	Final Dry run of Presentations/ Critiquing and Adjustments	Alan Vincent B. Altamia
6:00pm	DINNER	
7:00-8:00 pm	Final sorting of training materials	TWG

Day 1

TIME	ACTIVITY/TOPIC/RESOURCE PERSON	MODERATOR/PERSON IN-CHARGE
7:30 9:30	Arrival of Participants	Anna Liza Diestro/Pamela Bataican
10: 00 – 11:30	Opening Program	Reina Sartaguda
12:00 – 1:00	LUNCH BREAK	
1:00 -3:00	TOPIC 1: 1 st Dose: SELF-AWARENESS Resource Speaker: Raydelyn Laquina	Anna Liza Diestro
3:00-3:30	Self Care activity	
3:30- 5:30	TOPIC 2: Think Twice, Do It Wise: When Info- demic Strikes Resource Speaker: Mark Nel Venus	Anna Liza Diestro
6:00- 7:00	DINNER	
7:30- 9:00	Team Building Activity	Alan Vincent B. Altamia
9:30 in the evening	Sweet Dreams	



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Day 2

TIME	ACTIVITY/ TOPIC/RESOURCE PERSON	MODERATOR/PERSON IN-CHARGE
6:00 – 7:30	Personal Grooming/Breakfast	
8:00- 8:30	MOL/Relaxing Activity	Rose Ann May Corros
9:00 – 11:00	Topic 3: “Valuing Today, Practicing Tomorrow” Resource Person: Ma. Richel Fancubila	Reina Sartaguda
11:00-11:30	Self Care Activity	
12:00-1:00	LUNCH BREAK	
1:00 -2:30	TOPIC 4: Introduction to PsychoSocial Support/Presentation of PSS Pack Resource Person: Alan Vincent B. Altamia	Reina Sartaguda
3:00-5:00	Unpacking of PSS Module and Simulation of “I AM able to acknowledge and express my feelings” Resource Person: Alan Vincent B. Altamia	
6:00-7:00	DINNER	
8:00-9:00	Team Building Activity	Alan Vincent B. Altamia
9:30 in the evening	Sweet Dreams	



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Day 3

TIME	ACTIVITY/ TOPIC/RESOURCE PERSON	MODERATOR/PERSON IN-CHARGE
6:00-7:30	Personal Grooming/Breakfast	
8:00-8:30	MOL/Relaxing Activity	Rose Ann May Corros
9:00-11:30	TOPIC 5: Unpacking of PSS Module and Simulation of “I HAVE the capacity to regulate my emotions and find solutions to challenges” Resource Speaker: Ana Lourdes Faeldonea	Anna Liza Diestro
12:00-1:00	LUNCH	
1:00-3:00	TOPIC 6: Unpacking of PSS Module and Simulation of “I CAN do my best in school, develop healthy relationship with my peers and imagine a bright future for my self” Resource Speaker: Maria SP Cunada	Anna Liza Diestro
3:00 -4:00	CLOSING PROGRAM	Reina Sartaguda
4:00-5:00	HOME SWEET HOME	



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