



Republic of the Philippines
Department of Education
Region VI - Western Visayas
SCHOOLS DIVISION OF CAPIZ

May 26, 2022

DIVISION MEMORANDUM
No. 140, s.2022

CONDUCT OF TRAINING FOR FOUNDATIONAL COURSE ON ADOLESCENT REPRODUCTIVE HEALTH (ARH) TO FIFTY FOUR (54) SECONDARY TEEN CENTER COORDINATORS AND (10) SCHOOL HEALTH PERSONNELS

To: Asst. Schools Division Superintendent
Chief Education Supervisors – CID & SGOD
Public School District Supervisor
Officer-In-charge of the District
Public Secondary School Heads
54 Secondary Schools Teen Center Coordinators
All Others Concerned

1. To continuously support primary care service providers for a friendly and responsive adolescent health care, the Office of the Undersecretary for administration (OUA), through the Bureau of Learner Support Services-School Health Division(BLSS-SHD)had conducted a four (4) half day online training on **“The Foundational Course for Adolescent Health “** to all Division ARH Focal person. In relation to this, the Division Focal Person on Adolescent Reproductive Health will cascade the said training on June 16-17,2022 8:00 a.m to 5:00pm. Venue to be announce later.
2. The Foundational Course capacitates the health service providers in better understanding their adolescent clients or parents, and how their developmental changes influence their behaviors.
3. The participants of the said training are the following:
 - a. 10 Division Health Personnel
 - b. ~~54~~ Secondary Schools Teen Center Coordinators
4. Immediate dissemination of this Memorandum is desired.

SALVADOR O. OCHAVO JR.,Ed.D.CESO V
Schools Division Superintendent
MAY 27 2022



**TRAINING MATRIX ON ADOLESCENT REPRODUCTIVE HEALTH FOUNDATIONAL
COURSE
June 16-17,2022**

| Time | Activity | Methodology | Responsible Person |
|-------------------|---|---|-------------------------------------|
| Day 1 AM | | | |
| 8:00-8:30am | Registration Preliminaries Pre-Test | | Health Personnel |
| 8:30-8:45am | Opening program Prayer Philippine National Anthem/Regional Hymn/Capiz Hymn Introduction of Participants Messages | | Joanne Dequina RN |
| 8:45-9:15a.m | Mental Health Activity | | Health Personnel |
| 9:15-9:30am | Overview and Orientation on Training Principles and Approaches | | |
| 9:30-10:15a.m | Module 1: Understanding the Adolescent <ul style="list-style-type: none"> • Session 1 Stages of Development -Activity 1.1 Changes during Adolescence | Plenary (30minutes) Introductory video Lecture-Discussion Breakout session (15 minutes) Activity materials: <ul style="list-style-type: none"> • Markers • Writing/bond paper | Marimi Diaz Tormon RN |
| 10:15a.m-10:40a.m | -Activity 1.2 Adolescent Development | Plenary (25 minutes) Lecture Presentation | |
| 10:40a.m-11:30a.m | <ul style="list-style-type: none"> • Session 2 inner Workings of the Adolescent - Activity 2.1 Psychosocial Development | Breakout Session (20 minutes) Activity materials: <ul style="list-style-type: none"> • Markers • Writing Bond paper | |
| 11:30-12:00pm | -Activity 2.2 The Teen Brain | Plenary (30minutes) Presentation with Video | |
| 1:00-1:15p.m | Energizer | | Lourdelyn Fuentes Dentist II |
| 1:15- 2:30p.m | <ul style="list-style-type: none"> • Session 3 Gender and Development - Activity 3.1 Human Sexuality and Gender | Plenary (45minutes) Lecture Discussion Breakout Session (30minutes) Activity materials: <ul style="list-style-type: none"> • Marker, paper | Mary Grace Somil (PHO) |
| 2:30pm-3:15pm | -Activity 3.2 Gender, Health and Health Care | Plenary (30 minutes) Video presentation Discussion | |
| 3:15p.m-5:00pm | Module 2: Responding to the Adolescent <ul style="list-style-type: none"> • Session 1 HEEADSSS -Activity 1.1 Screening Tool | Plenary (40 minutes) Lecture-Discussion Break-out Session (50 minutes) Activity materials: | Rolendy De Pedro RN |

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COURSE
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| | - Activity 1.2 Interview Protocol | <ul style="list-style-type: none"> • HEEADSSS screening tool • Case Scenarios | |
| Day 2 | | | |
| 8:30-8:45a.m | Prayer Recap Checking of activity output | | |
| 8:45-9:30a.m | Session 1 Processing of Interviews | Break-out Session (45 minutes) Assignment of presentation Discussion | Myleen Dogelio (PHO) |
| 9:30-10:30a.m | Session 2 Being Adolescent- Client Friendly -Activity 2.1 Finding Compassion -Activity 2.2 Compassionate Listening | Plenary (30minutes) Lecture Discussion Break-out Session (30 minutes) -Activity materials: * Pen/marker,paper *Compassionate listening worksheet | |
| 10:30-11:00a.m | Session 3 Gaining the Adolescent Trust - Activity 3.1 Privacy, confidentiality and informed Consent | Plenary (30minutes) Video Discussion | |
| 11:00-11:40a.m | Session 4 Advising Parents with Adolescents | Plenary (40minutes) Lecture Discussion | |
| 11:40-12:00pm | Overview of Module 3 | | |
| 1:30-1:45pm | Energizer | | Senior High School Nurses |
| 1:45-3:45pm | Module 3 Moving Towards Adolescent Friendly Health Services Session 1 The Adolescent Friendly Health Facility Session 2 Improving Quality of Adolescent Care -Activity 2.1 Adolescent Health Services Quality Gap Analysis -Activity 2.2 Key Actions to Improve Adolescent Health Services | Plenary (1 hour) Lecture-Discussion Video Break-out Session (1Hour) Materials: <ul style="list-style-type: none"> • Provide self-assessment form | Marimi Tormon RN (PHO) |
| 3:45-4:45pm | Session 4 Laws and Policies -Activity 4.1 Case Analysis | Plenary 920minutes) Lecture Discussion | |
| 4:45-5:00pm | Closing Program | Awarding Of Certificate of Participation | Rolendy D.De Pedro RN Division ARH Focal |