



Republic of the Philippines
Department of Education
Region VI-Western Visayas
SCHOOLS DIVISION OF CAPIZ
Banica, Roxas City
Telefax No. (036) 6210-974/ Tel. No. (036) 6216-118




September 26, 2017

Division Memorandum
No. 73 s. 2017

2017 DIVISION TRAINING WORKSHOP ON DANCESPORTS

TO: PUBLIC SCHOOLS DISTRICT SUPERVISORS
OFFICERS-IN-CHARGE OF THE DISTRICT
HEADS OF PUBLIC SECONDARY AND INTEGRATED SCHOOLS

1. The Schools Division of Capiz through the Curriculum and Implementation Division shall conduct the 2017 Capiz Division Dance Sports Training Workshop on October 13-15, 2017 at Capiz NHS covered court.
2. The objective of this three-day training is to capacitate the dance sports coaches, trainers and teachers on the current trends, scientific coaching, training techniques, strategies and mechanics in the conduct of the competition.
3. The participants to this activity are the District and/or school **MAPEH/Cultural/Sports Coordinators, Dance Sports Coaches and Trainers**. They must be physically fit to undergo strenuous dancing activities and are expected to bring their external storage device/flash disk, and be in their comfortable and appropriate dance sports attire.
4. Attached is Enclosure A - Training Matrix and Persons Involved.
5. Registration is free. Participants are advised to bring packed snacks and lunch.
6. Expenses incurred relative to this activity are chargeable against the Division INSET funds while travel and other allowable expenses of participants are chargeable against school MOOE both subject to the usual accounting and auditing rules and regulations.
7. Wide dissemination of this memorandum is enjoined.


MIGUEL MAC D. APOSIN, Ed. D., CESO V
Schools Division Superintendent

2017 DIVISION TRAINING WORKSHOP IN DANCESPORTS

1. TRAINING OBJECTIVE:

The training aims to capacitate the dance sports coaches and trainers on the current trends, scientific coaching, training techniques, strategies and mechanics in the conduct of the competition.

2. TRAINING DESIGN:

DATE	TIME	Activity	Process	In-Charge	Resources Needed
DAY I October 13, 2017	7:30 – 8:30 AM	Registration		Mrs. Selfa Mae Toledo SSHT III- MAPEH and Capiz NHS MAPEH Teachers	
	8:30 – 9:00 AM	Opening Program:	Plenary	Capiz NHS MAPEH Dept.	Laptop, DLP & Sound System
	9:00 – 9:30 AM	*Orientation and Mechanics of the training.	Plenary	Mr. Ronie C. Reteracion	Laptop, DLP & Sound System
	9:30 – 11:30 AM	*Dancesports, Categories, Policies, Guidelines for the Conduct Competition and Competition Dress *Open Forum	Plenary	Mrs. Rosebelle Baldostamon Mr. Lemuel Pastrana	Laptop, DLP & Sound System
	11:30 – 1:00 PM	Lunch Break			
	1:00 – 1:15 PM	Management of Learning		Training Staff	
	1:15 – 5:00 PM	Introduction on Standard Ballroom Dance Syllabus (Slow Waltz and Tango) and Coaching Techniques	Lecture- Demo	Mr. Melson Camo Miss Carla Fadriga Mr. Gheenod Bartolo	Laptop, DLP, Sound System & Music
Day 2 October 14, 2017	7:30 – 7:45 AM	Management of Learning	Plenary	In-Charge	
	7:45 – 11:30 AM	Cont. Standard Ballroom Dance (Foxtrot and Quick Step) and Coaching Techniques	Lecture- Demo	Mr. Lemuel Pastrana Mr. Michael Achas	Laptop, DLP, Sound System & Music
	11:30 – 1:00 PM	Lunch Break			
	1:00 – 5:00 PM	Introduction on Latin Ballroom Dance Syllabus (Chachacha & Samba) and Coaching Techniques	Lecture- Demo	Mr. Ryan F. Catig Mrs. Rosebelle Baldostamon	Laptop, DLP, Sound System & Music
Day 3 October 15, 2017	7:30 – 11:30 AM	Cont... Introduction to Latin - Ballroom Dance Syllabus (Rhumba and Jive) and Coaching Techniques	Lecture- Demo	Mr. Jonathan Vicencio Mrs. Chas Celino	Laptop, DLP, Sound System & Music
	11:30 – 1:00	Lunch Break			
	1:00 – 2:00 PM	Mechanics on Managing the Dancesports Competition	Plenary	Mr. Ryan Catig	Laptop, DLP, Sound System & Music
	2:00 – 3:30 PM	Practicum on Managing Dancesports Competitiom Showcase of Talents	Culmina- ting Activity	Participants and Resource Persons.	Laptop, DLP, Sound System & Music
	3:30 – 4:00 PM	Post Assessment Test Open Forum	Plenary	Training Management	Laptop, DLP, Sound System
	4:00 – 5:00	Closing Program And Home Sweet Home.	Plenary	Training Management	Laptop, DLP, Sound System & Music

4. TRAINERS:

Standard Ballroom Dance Syllabus (Slow Waltz, Foxtrot, Tango and Quick Step)	Latin Ballroom Dance Syllabus (Chachacha & Samba Rhumba and Jive)
Mr. Melson Camo Miss Carla Fadriga Mr. Lemuel Pastrana Mr. Michael Achas Mr. Gheenod Bartolo	Mr. Ryan F. Catig Mr. Jonathan Vicencio Mrs. Rosebelle Baldostamon Mrs. Chas Celino Mr. Manuel A. Alisla Jr.

5. COMMITTEES:

Technical Working Group	Dr. Miguel Mac D. Aposin - SDS Mr. Nicasio S. Frio - ASDS Dr. Segundina F. Dollete - Chief CID
Over-all Coordinator	Mr. Ronis C. Reteracion - EPS MAPEH Capiz NHS
Secretariat/Evaluation	Mrs. Dorislyn T. Bellosillo - MT II Music and Arts Coordinator Mrs. Rosemarie Osan SSHT Panitan NHS
Operation/Proceedings (Opening/Closing Ceremonies)	Mrs. Selfa Mea C. Toledo - SSHT III and Capiz NHS MAPEH Teachers
ICT (Multi-media), CD Production, Streamer, Sounds & Physical Arrangement	Mr. Mr. Christopher Lensig Mr. Jefferson Cabag Mr. Nilo Libiano Mr. Federico Agregorio
Registration	Mrs. Jenny A. Madlangbayan Mrs. Rema Anoche
Program and Certificate	Mrs. Elsie Develos Mrs. Shana L. Balahay Mr. John Anthony Arcete
Snacks/Meals	Mrs. Chas Magat Mrs. Dana David Mr. Jan Milben Derayo
Music - Latin/Modern Standard	Mr. Manuel Alisla Jr. Mr. Ryan Catig All Trainers